

# RETURN TO SMALL INDOOR GROUP TRAINING OF UP TO 20 PEOPLE

The key principle for training must be 'Get in, Train, Get out'.

This guide has been established to support clubs 'Returning to Small Indoor Group Training' phase under the current Victorian Government COVID-19 restrictions. Clubs and participants have an obligation to strictly adhere to these protocols at every training session.

- SMALL INDOOR GROUP TRAINING UP TO 20**  
The club can undertake training of two groups of no larger than 10 participants per group, in addition to the person or people running the training (e.g. coach, manager).
- STRICTLY NO CONTACT OVER 18 YEARS**  
The club has advised its participants, coaches, volunteers and parents that all training must be strictly NON-CONTACT. Contact sport training and competition can resume for people 18 years old or younger, Non-contact competitions can resume for all ages.
- 1.5M SOCIAL DISTANCING**  
The club has advised its participants, coaches, volunteers and parents that all training must keep 1.5 metres between yourself and others wherever possible. This doesn't apply to people aged 18 years and under while playing sport or exercising.
- EQUIPMENT ALLOWED, BUT NO SHARING OF PERSONAL SAFETY EQUIPMENT**  
The club is aware that equipment can be used for training, however only limited equipment like marking cones are permitted.
- CLUBS & TEAMS UNDERSTAND THE RETURN TO PLAY PROTOCOLS**  
The club and all participants have read, understood, and agree to adhere to the Return to Play Protocols provided by Skate Victoria and their club.
- HYGIENE PROTOCOLS ARE IN PLACE**  
The club has implemented the hygiene protocols as outlined in the Return to Play Protocols document.
- AT LEAST ONE COVID SAFETY OFFICER**  
Club has a nominated club official(s) undertakes the role of COVID Safety Officer.
- A REGISTER OF PARTICIPANTS**  
A log or register which clearly identifies all participants in attendance at each training session MUST be maintained and available upon request.
- COVIDSafe APP**  
The club has encouraged all participants, volunteers and families to download the COVIDSafe App to help in tracing the spread of COVID-19.
- FOLLOW DIRECTIONS**  
The club and training groups understand that they must always follow the direction and advice of local and state authorities. People who present to training with symptoms to be sent home immediately.