

IMPORTANT INFORMATION FOR ALL SKATE VICTORIA/INLINE HOCKEY VICTORIA MEMBERS

RE: Athlete obligations regarding supplements and medications

On 1 January each year a new World Anti-Doping Agency (WADA) Prohibited List, outlining the substances and methods that are prohibited in sport, comes into effect. As a Skate Australia member, you are subject to the ASADA-governed doping control and the current active Prohibited List (see below), and open to sanctions by governing bodies for breaches of the World Anti-Doping Code and for non-compliance with testing procedures (in addition to Skate Australia-specific provisions).

BACKGROUND

Skate Australia Inc. (of which you are a member) endorses the Federal Government's Policy of deterring use of banned doping practices in sport and has adopted an Anti Doping Policy that meets the highest standards set internationally. The Federation Internationale de Roller Sports (FIRS), of which Skate Australia is a member, is a signatory to the World Anti-Doping Code.

IN AUSTRALIA

The [Australian Sports Anti-Doping Authority](#) (ASADA) is a Government organization responsible for athlete testing, education and advocacy. Its doping control program is consistent with the World Anti-Doping Code... *Follow the link above to learn more about ASADA.*

YOUR RESPONSIBILITY

All skaters should be aware that **You (the athlete) are responsible for all substances you use.** Substances are anything introduced into the body, and include but are not limited to, medications and supplements.

TESTING (CONTROL)

As a Skate Australia member athlete, you can be subjected to doping control (testing) **both in- and out-of-competition**. For information on the testing process, see [Doping Control: Procedures](#). The Anti-Doping code specifies substances and methods that are A. *Prohibited at all times*, and B. *Prohibited in-competition only*.

PROHIBITED LIST & HOTLINE

Skate Australia makes available online the [World Anti-Doping Code – 2009 Prohibited List](#). As part of your athlete responsibilities, you should familiarize yourself with the Code, refer to the Code, and make use of the [Anti-Doping Hotline \(1800 020 506\)](#) to check the status in sport of a substance or medication before taking it.

TELL YOUR DOCTOR

Tell your doctor that you are subject to doping control, and have them check substances before prescribing them for you. Your doctor can call the [Anti-Doping Hotline \(1800 020 506\)](tel:1800020506) for confirmation while you are still in their office.

THERAPEUTIC USE EXEMPTION (TUE)

Therapeutic Use Exemptions (*Request for approval for therapeutic use of a prohibited substance*) may be granted, following application, where an athlete (among other conditions) would experience a significant impairment to health without the use of a specific prohibited substance. [TUE forms can be obtained from ASDMAC \(02 6222 4232\)](#) (Medical Advisory Committee to ASADA).

Always remember, **You (the athlete) are responsible for all substances you use.** Make use of the links and resources provided above to educate yourself regarding your obligations.